

# LET GO TO MANIFEST

## SEPTEMBER 2024 MANIFEST

Manifest (*noun*) – Your list of items - *release, transform, and visualize* to let go to manifest in September.

### ENERGY

Merlin asked you to think about what is holding you back. Is it a relationship, a health concern, a career issue, or a spiritual belief? How did you feel as you identified what is holding you back?

*Lesson – It's important to be clear and visualize what is holding you back in order to let it go.*

### GUIDES

Merlin and Clio guided you through the process of letting go. As the golden light began to lift the burden from your shoulders, could you feel the healing and transformation? Do you feel free from the burden?

*Lesson – When you use the process of letting go, it's important to transform the weight being lifted and let it be carried away by the wind.*

### MINDSET

Clio encouraged you to focus on what you want to manifest. Visualize your dreams and desires. See yourself living your dream life, feeling joy, peace, and fulfillment. Merlin reminds you to express gratitude for the journey and the lessons learned.

*Lesson – It's important to express gratitude!*





# MY MANIFEST JOURNAL

Journal your experiences for this month below.

ENERGY

GUIDES

MINDSET

