

Pathophysiology

- Chronic autoimmune disease that causes inflammation in the GI tract

Signs and Symptoms

- Abdominal pain
- Diarrhea
- Vomiting
- Fistulas along GI tract
- Distended or tender abdomen
- Malnourishment
- Decreased appetite
- Dehydration
- Electrolyte abnormalities
- Weight loss

Topic/Disorder

GI CROHN'S DISEASE

Nursing Assessment

- Full abdominal assessment
- Signs of infection or sepsis
- Bowel habits
- Triggers for flare-ups
- Abdominal girth
- Intake and output
- Daily weights
- Lab values
 - Electrolyte changes
 - BUN
 - H&H

Nursing Interventions

- Continuously monitor abdomen for signs of infection
- Education on controlling flare-ups
- Nutrition and diet education
- Give total parenteral nutrition (TPN) as prescribed
- Care for ostomy
- Medication management
 - Steroids
 - Immune suppressors
 - Antibiotics
 - Vitamins
 - Electrolytes

LEGAL DISCLAIMER: This concept map is intended for educational purposes only. This is not medical advice and errors may occur. Never treat a patient or make a nursing or medical decision based solely on the information provided in this concept map. You should always assess the individual person and provide care based on your own assessment, the assessments and recommendations of that individual's medical team. Never practice nursing or medicine unless you have a proper license to do so.

4 CORE METHOD  **CONCEPT MAP**

Build Your Study Plan  **NursingSOS**