



LUPUS (SLE)

Nursing Diagnosis

Possible Nursing Diagnoses:

- Acute Pain
- Fatigue
- Impaired skin integrity

Related To (r/t):

- Inflammation
- Immunosuppressant or corticosteroid use
- Vasoconstriction

As Evidenced By (aeb):

- Butterfly rash
- Inflammation in joints
- Headaches
- Fever
- Decreased RBC and WBC

Patient Goals
(Short and/or long term)

- 1.The patient will be able to identify necessary lifestyle changes to avoid triggers.
- 2.The patient will understand the importance of activity throughout day.
- 3.The patient will be able to perform activities of daily living.
- 4.The patient will maintain adequate pain control.
- 5.The patient understands the pain management plan.

Nursing Interventions
(Including rationale)

- 1.The nurse will encourage adequate nutrition and hydration.
- 2.The nurse will educate the patient on possible triggers to avoid.
- 3.The nurse will educate the patient on avoiding ultraviolet rays.
- 4.The nurse will educate the patient on the pain management plan.
- 5.The nurse will encourage the use of assistive devices to maintain safety.

Include evidenced based rationales for each nursing intervention using your textbooks.

Evaluation

State whether or not the goal was met.

If the goal wasn't met, what progress did they make, and what changes do you need to make to the care plan.

Give your recommendations for changing the care plan to improve patient outcomes.